



Using Humour to Break Down Barriers & Build Bridges©

Quick! How do you get the attention of a large group without losing your sanity or your voice? Come to this fun, funny workshop to discover how you can use humour strategically to inspire innovation; increase cooperation; build stronger and more effective teams; help people feel engaged and eager to learn about their diversity.

Learn the secrets that the pros use when engaging a group of people. By understanding the techniques behind interactive education that incorporate humour you can have your staff, volunteers, board members and participants laughing and learning. Through imaginative and interactive games and exercises, you'll use humour to communicate more effectively and get people cooperating and learning about each other's differences. Experience team-building exercises that serve as needs assessment tools, diversity enhancers, and asset builders.

Caution! There is only one thing missing from this workshop - absolutely no group groans (activities that embarrass or make fun of) are allowed. So come prepared to relax, chuckle, play and flex your muscles- your creativity muscles that is.

What did you like best? "The humour & experience by facilitator to explain concepts." What did you like least? "Nothing - I laughed for the first time in weeks."

~ Shelley Seysener, Director of Finance and Human Resources at Kardel Consulting

Direct benefits to participants:

- Learn the theory behind using humour to break down barriers and build bridges
- Gain confidence in using humour effectively and appropriately for diverse groups
- Practice the activities in the safety and comfort of your own workshop
- Experience hands on learning that leads to practical application in the work place right away
- Learn, laugh and know how to teach others to do the same
- Receive a customized resource guide and a follow-up resource package
- Learn, laugh and lead

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